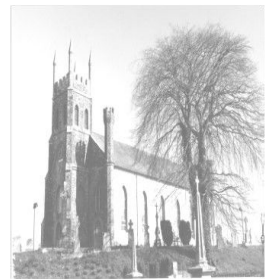


Graiguecullen/Killeshin PARISH LINK Sunday 28th April 2024 Fifth Sunday of Easter (B)

Parish Office: 059 / 9141833 / 9182882 Email: gkparish@gmail.com
Web: www.graiguecullenkilleshin.com
Find us on Facebook: GraigueKilleshin Parish
Safeguarding Reps: B Lloyd/S Aylesbury/C Kelly 059 / 9141833
Diocesan Designated Liaison Person: Ms Ailish Higgins 085 8021633



In GK Parish, we value and encourage the participation of young people and vulnerable adults in all parish activities. We uphold the utmost standard of safeguarding to create a safe environment for all.

Parish Team: Fr. John Dunphy, Cathriona Kelly & Suzanne McWey
Priest on Call for Carlow Area: (Emergency Only) Phone: - 087/2588118

Novena to Our Lady of Perpetual Help continues on this Monday 29th at 7.30pm in St Clare's Church.

We invite people to place their petitions in the petition boxes in St Clare's Church. During our Novena, through the prayers of our Faith Community and the intercession of Our Lady we will ask Jesus to relieve whatever burdens we carry. Rosary recited at 7.10pm and Novena begins at 7.30pm



GUEST SPEAKER is: Mick Galwey -
All Ireland Senior Football Championship medal winner, Irish Rugby Legend and Sports Commentator



Mick Galwey is a former Ireland rugby union lock who spent his entire senior career with Munster. He also represented the Ireland national team and originally started out as a Gaelic football player before making the switch to the sport. Born in Currow, Kerry, in October 1966, Mick Galwey played both rugby union and Gaelic football as a youth and had a short career with gaelic football in the 1980s. Despite his success playing this sport for Kerry, he turned his full attention to rugby union aged 19 and played at amateur level with Shannon R.F.C, winning four All-Ireland league titles. Mick Galwey's professional rugby union career began with Munster in 1987. He would remain with the provincial side for 16 seasons, before his retirement from the game in 2003. During this time, he helped the side win a Celtic League title, as well as two runners-up accolades in the Heineken Cup. Mick Galwey also captained Munster for almost 100 games and was praised for his professional and calm approach when on the pitch. On the international stage, Mick Galwey earned 41 caps for Ireland, was named captain four times and scored a total of three tries. His first cap came in 1991 against France and his final game was in 2002 against Scotland in the Six Nations tournament of that year.

Branching Out

There's a lot of work to do in today's world. Almost daily, the TV and Radio brings terrible news of atrocities and disasters around the planet. It's easy to feel overwhelmed by all the bad news and to feel powerless to do anything. We do not consider that we can individually instigate change for lots of reasons. We do not feel clever enough, or brave enough or rich enough. In short, it's hard to know where to begin and even whether change is possible. The inspirational message in today's gospel is that we can make changes as long as we work together.

We are already familiar with the ethos of trade unions. Trade unions operate on one powerful principle. Individually we can be easily overlooked but together we have the power to bring the whole country to a stand-still and sway governments. If a trade union wanted to promote solidarity and unity, the vine would make an ideal logo. The vine itself is the heart of the union, the part that determines the ethos. The branches do the work of the vine and the fruit they bear is the outcome the final result.

Today we are told that with Christ as our vine we can do great things. All too often we become wrapped up in developing our own spirituality, trying to work out what God means to us as an individual striving to find our niche. It's easy to forget that we are part of a huge family of people the biggest union on the planet. With Christ's teaching and pruning, we as a body, have the ability to transform the world by putting faith into action. Our individual responsibility is to look for ways in which we can become part of the overall plan. We don't have to branch out alone, we branch out as a team.

Kildare & Leighlin Diocesan Pilgrimage to Knock Shrine-Bishop Denis Nulty invites you to join with him and parishioners from across the diocese at the Shrine of Our Lady of Knock Sunday 2nd June. Ceremonies begin at 2.30pm in the Basilica.

Knockbeg College Darkness into Light and Service of Remembrance:- Knockbeg College Past Pupils Union invites the Knockbeg community to join us in our inaugural event. 5km walk concluding with a prayer service to remember loved ones on **Saturday 11th May @ 4.15am** in Knockbeg College grounds. Blessing for all deceased at 5.30am.

Pre-Baptism Meeting – our next pre-baptism meeting will take place on Wednesday 29th May at 7pm in the parish centre. All parents who are presenting their child for baptism in the next few months are invited to attend.

Graiguecullen Bingo
Tuesday 30th April.

St. Fiacc's Hall @ 8.30pm.
Jackpot on 50 numbers €3,560.
Double number €950
Lotto €1,100.

Newly Baptised: this week we welcome 1 new member into our parish community.
Ellis Mary Hayden Byrne

First Friday:- this Friday 3rd May. There will be a special penitential service during the 10am Mass in St Clare's.

Communion to the Sick: Communion will be brought to the sick and housebound during this week.

Family Masses: There will be special family Masses next Sunday 5th May at 11.30am in St. Clare's Church and at 12.30pm (May Sunday) in Holy Cross Church. We particularly welcome the children who have received their First Holy Communion recently and their families to these Masses.

May Sunday- On next Sunday (May 5th) everyone is invited to walk in the Procession which leaves Graiguecullen at 11am led by the Pipe Band to arrive at Holy Cross for 12.30 Mass which will be celebrated by Fr. P.J. Madden.

ANNIVERSARIES

Please note all Anniversaries can be emailed to gkparish@gmail.com

- Sat 27th 6.30pm** (Tom McDonald, Harristown)-(Mick Lyons, Sleaty)
Phyllis Kearns, Paulville, Tullow & deceased family
Bill Egerton, 20 Pacelli Ave
Michael Ramsbottom, 5 The Numbers
(Monica O'Dwyer, Dublin)-(Charlie & Alice Byrne, Ballyharmon)
- Sun 28th 10.15am** (Months Mind) Liam Doran, Keelogue
(First Anniversary) Eamonn Tynan, Lyrath, Kilkenny
Lill & Jim Fitzpatrick, Clonmore, Killeshin
Andy & Mary Dowling, Ardenteggle
Maureen & Paddy O'Rourke, Hillview, Killeshin
- 11.30am** (Marie Dwyer, Monacurragh)-(Kathleen Power, 34 Pacelli Ave)
Julia O'Brien, 114 Rochfort Manor & Gravesend, Kent
(Joe & Kitty Phelan, Ballyhide)-(Ken MacGowan & Olive Daly, Dublin)
- Mon 29th 7.30pm** (Kathleen Power, 34 Pacelli Ave)-(Intention Mass)
- Tues 30th 10am** (Elizabeth Byrne, Cappalug)-(Richard Purcell, Doonane & London)
- Wed 1st 10am** Sean Murphy, Stevenage formerly Little Barrack St
- Sat 4th 6.30pm** (Months Mind) Joseph Walker, 6 St Patrick's Ave
(Months Mind) Tom Dormer, Sleaty Rd
Margaret (Peggy) O'Sullivan, Duggan Ave
Pat Kehoe, New Oak Est (10th Anniv)
(Mary Walker, 2 Church St also her husband Ned, son Noel & daughters Phyllis & Mary)-(Seamus Conlon, Armagh)
- Sun 5th 11.30am** Sr Paschal McMeel
(Caroline Malone, Crossneen)-(Christy Byrne, Dublin)
Dick & Margaret Malone, Raheendoran
Michael Byrne & Baby Ellie May Flynn, Longford
- 12.30pm** Josephine Brennan, Coolane (Birthday Rem)
Patsy Doyle, Killeshin



R.I.P.

Tom Scully, 7 Chapel Street, Graiguecullen
Helen Nash, 9 Church St, Graiguecullen
Sheila Ramsbottom (née Dowling), 188 Sleaty St, Graiguecullen

R.I.P.

Give blood, save a life! in the Talbot Hotel, Carlow
Sunday 28th April 12:00pm-15:30pm

Mon 29th, Tues 30th April, Wed 1st, Thurs 2nd May 15:45pm-20:00pm
Call 1800 222 111 to book and appointment. Check your eligibility at giveblood.ie.
1 in 4 of us will need a blood transfusion in our lifetime....
and 1 blood donation can save 3 lives.

Saint Vincent De Paul Hidden - But Still Among US-Prisoners are easy to forget. Locked in institutions, they seem to disappear from society's sight. But prisoners still belong to the society that incarcerates them. Most will eventually be released, and the experience they have in prison will greatly affect their ability to adjust to life 'outside' as law-abiding citizens. The Society of the St, Vincent de Paul have a panel of people that visit inmates in Midlands and Portlaoise Prison. If you wish to be involved, please text 0860462405.

Cycle Again Suicide Mental Health Peer Support Programme-In a drive to promote Peer-Support as a vital link in mental health awareness and suicide prevention, Cycle Against Suicide offers its training in Mental Health Peer-Support Programme free of charge to any community volunteer. Our training in Mental Health Peer-Support for Clubs and Communities creates a compassionate network within a club and a community. Trained peer-supporters are attuned to subtle shifts in their community's well-being. This heightened awareness fosters a culture of genuine care and concern. Each club or community association should have a volunteer peer-supporter on-hand who is trained in peer-support with Cycle Against Suicide. Please could you communicate the new dates for our training in Mental Health Peer-Support to all volunteers in your network. Our next scheduled dates:

Course: Cycle Against Suicide's free* Community Mental Health Peer Support Training

Delivery: Online via Zoom from 7-10pm on 4 evenings over 2 weeks

Dates: Option 1: May: Mon 13th, Wed 15th & Mon 20th, Wed 22nd - Spaces available

Option 2: June: Mon 10th, Wed 12th & Mon 17th, Wed 19th - Open now

Option 3: September: Mon 23rd, Wed 25th & Mon 30th, Wed 2nd Oct - Open now

To register: www.cycleagainstsucide.com/register-to-become-community-buddy/

or email: training@cycleagainstsucide.com

*Training is free to over-18s, non-healthcare professionals who volunteer in a community club and association.

Burren Outdoor Retreat: Would you like to come on a guided journey through the Burren with its limestone pavements, rare flora, and ancient sacred sites? Let the beauty of the amazing Burren landscape renew you in body and soul. This retreat takes place Sat 4th May to Monday 6th May 2024. Info: Mary 0879701130. Booking: Noirin 087 447 911

Weekly Collections 20th/21st Apr

Red Bag: €752
Blue Bag: €1,886
Direct Debits: €155
Tap Donations: €72
Donations €40

We thank you for your support.

Carlow Rowing Club are holding a table Quiz in the Seven Oaks Hotel on 2nd May starting at 8pm.

All welcome. Table of four €40.

Raffle and prizes on the night.

Please support.

"Killeshin Pipe Band May Sunday Fun Day takes place on 05 May 2024. We are asking for any Bottle donation you may like to gift us. A representative of the Band will call to your home on Tuesday 30 April to collect. If you miss us, pop your donation into the Shop in Killeshin or give to any Band Member.

Active retired members meeting will be held on May 8th @ 2.30pm in the Cathedral Parish centre. € 2 per member for room rental. New members welcome

Carlow Flower Club: Our April flower night will be a demonstration by Christine Hughes. Christine is the recently retired President of AOIFA, and she is also a judge, teacher, and demonstrator. Christine's demonstrations are events not to be missed. Looking forward to seeing all our members and friends on Tuesday April 30th at 8.00pm in the Woodford Dolmen Hotel. There will be a plant sale on the night and the competition for all classes is "The Garden Awakens" Visitors welcome €10

National Pilgrimage for Life-The first National Pilgrimage for Life, organised by the Council for Life of the Irish Catholic Bishops' Conference, will be celebrated on Saturday 4th May in Knock Shrine with Mass at 3.00pm in the Basilica. Anointing of the Sick will take place during Mass. Main celebrant and homilist will be Archbishop Francis Duffy. We invite you to join us in Knock to celebrate the gift of life and to pray for the protection of all human life.

March For Life Ireland 2024- Shining A Spotlight On Ireland's Abortion Law And Calling For Positive Supports For Mothers. Our Next March: Bank Holiday Monday, 6th May, 2:00pm, 2024
Marching In Dublin From St. Stephen's Green To Leinster House. Join Us In Advocating For Change, Unity, And Empowerment For Mothers And Their Babies. Be A Part Of Something Bigger - Let's Make A Difference Together.